



Time	Agenda Item
8:30-9:00	Registration/Continental Breakfast
9:00-9:15	Welcome & Opening Remarks
9:15-10:15	<p>The Role of Community in Promoting Health Equity</p> <p><i>What is health equity, why should planners and related fields care, and what can be done to promote health equity? Ms. Langdon with the Maya Angelou Center for Health Equity will share her experience in improving community health in disadvantaged and underserved communities and lead participants in a discussion on how health equity is an essential component to planning for healthy communities.</i></p> <ul style="list-style-type: none"> - Sarah Langdon, Project Manager, Maya Angelou Center for Health Equity at Wake Forest School of Medicine
10:15-10:30	Break
10:30-11:30	<p>Breakout Sessions:</p> <p>Engaging the Community to Achieve Health Equity - Room 201-202</p> <p><i>Researchers have made the connection between improved health outcomes and those who are more socially and civically engaged within their communities, but how do you spark engagement? Join professionals working at the intersection of public health and community engagement to learn how to spark interest, ask the right questions, build trust, and sustain a long-term community dialogue.</i></p> <ul style="list-style-type: none"> - Chrystal Joy, Director, The Lee Institute - Donyel Barber, Community Centered Health Coordinator, Gaston Family Health Services <p>Building Livable Places Through Trails - Room 205</p> <p><i>Multiple studies indicate that property values for homes and businesses near trails are greater – with increases ranging from between 4% and 20% – when compared to properties not along trails. But how are trails contributing to the livability of communities and creating “places” where people want to live, work, and recreate? These somewhat intangible benefits often impact economic decisions, and work as a force to create community quality of life. Hear local examples of how trails are doing just that!</i></p> <ul style="list-style-type: none"> - Erin Gillespie, Corridor Revitalization Coordinator, Economic Development, City of Charlotte - Katie Lloyd, Planner, Mecklenburg County Parks and Recreation - Brian Baker, Director, Alamance Parks
11:30-11:45	Lunch Served
11:45-1:00	<p>Expanding Individual Mobility and Access Through Bike and Scooter Share Programs</p> <p><i>Bike and scooter sharing programs are being used in local communities to enhance individual mobility, provide first and last mile connectivity to transit, provide access to parks and recreation, downtowns, and other destinations, but are they right for your community? From bike share, to dockless bike and scooter programs, what should your community know before you embrace these new services?</i></p>

	<ul style="list-style-type: none"> - Scott Curry, AICP, CNUa, Active Transportation Coordinator, Charlotte Department of Transportation - Michael Applegate, Director, Gaston County Travel & Tourism - CJ Shaw, North Carolina General Manager, Lime <p>Enjoy a Brief Activity Break: Dr. Marc with Family Healing Chiropractic, A MaxLiving Health Center, will demonstrate proper posture and discuss the importance of integrating chiropractic care with mindset, pure and simple nutrition, exercise, and minimizing toxins to achieve lifelong health.</p>
1:00-1:10	Break
1:10-2:10	<p>Breakout Sessions:</p> <p>Advancing Economic Growth Through Food Systems - Room 201-202</p> <p><i>In recent years, consumers have become increasingly interested in where their food comes from and how their food dollars can provide greater support for local food-related businesses and farmers. Over this same time period, policymakers and practitioners have gained new insights into the potential for regional food systems to promote economic growth for both rural and urban communities. See how local projects are looking at food as its own economic system.</i></p> <ul style="list-style-type: none"> - Jared Cates, Community Mobilizer, Carolina Farm Stewardship Association - Tom Warshauer, Community & Commerce Manager, Neighborhood & Business Services, City of Charlotte <p>Preparing Our Communities for an Aging Population - Room 205</p> <p><i>As our population ages– 10,000 Baby Boomers turn 65 every day in the US– providing a high quality of life for ALL residents has become increasingly important. Hear how Livable Meck has applied a “healthy aging lens” to their planning initiatives and how Centralina Area Agency on Aging is partnering with Dementia Friendly Charlotte Mecklenburg to promote age-friendly and dementia-friendly communities.</i></p> <ul style="list-style-type: none"> - Rebecca Herbert, Community Engagement & Strategy Manager, Livable Meck - Linda Miller, Director, Centralina Area Agency on Aging
2:10-2:20	Break
2:20-3:20	<p>Curbing the Impacts: How Opioids Are Impacting Local Government</p> <p><i>What is the opioid crisis and how is it impacting local communities in terms of law enforcement, the criminal justice system, social services, public health, and planning? What initiatives are outlined in the NC Opioid Action Plan and how are local governments addressing the impacts of this public health issue?</i></p> <ul style="list-style-type: none"> - Dr. Velma Taormina, Medical Director, Gaston County Department of Health and Human Services - Dr. Todd Davis, Executive Vice President & Chief Medical Officer, CaroMont Health - Alan Cloninger, Sheriff, Gaston County - Tammy & Nazrul Chowdhury, Gaston Controlled Substances Coalition, At Large Members
3:20-3:30	Closing Remarks and Prize Giveaways



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CM | 5