

Elliott Royal

**Food Access Coordinator** 

Mecklenburg County Public Health



# Mecklenburg County Public Health focused on chronic disease prevention through

Food Access

**Tobacco Cessation** 

Policy, System & Environmental Change

**Active Living** 

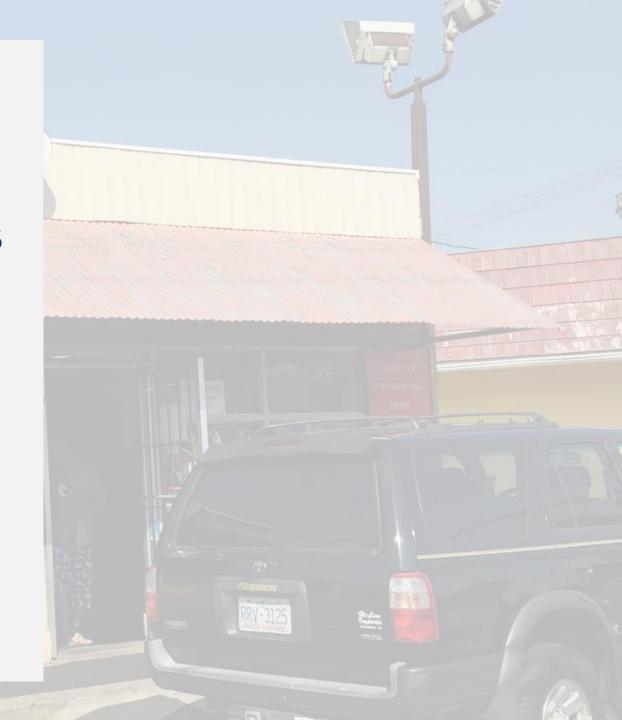


### Takeaways

The utilization of corner stores

Benefits of tobacco cessation

The influence of the build environment on corner stores





### What we know

87,354 residents in Mecklenburg County live in food priority areas

### What we know

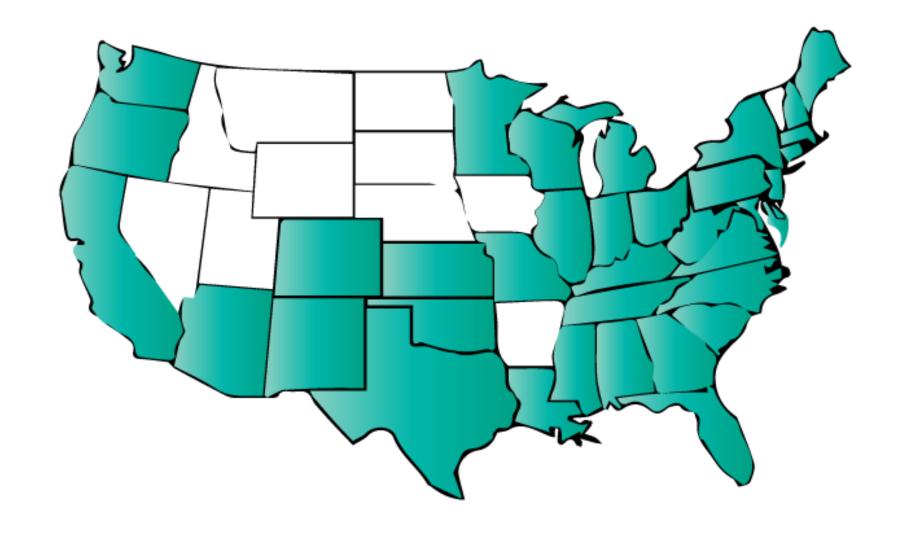
Residents in food priority areas are *limited* in healthy food options



### What we know

The Healthy Corner Store Initiative is a nationally recognized model





#### Corner Store Initiatives are all over



# Mecklenburg County Healthy Corner Store Initiative



Six zip codes: 28205, 28206, 28208, 28212, 28216 & 28217

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Health Department staff visited 200 stores in the County to survey the kinds of foods, tobacco marketing and built environment components.

# Mecklenburg County Healthy Corner Store Initiative

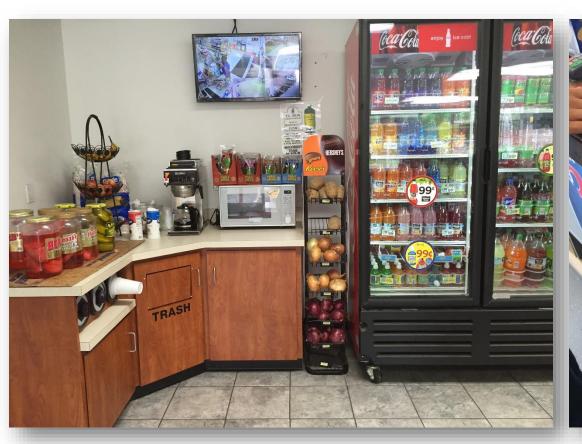


Six zip codes: 28205, 28206, 28208, 28212, 28216 & 28217

Health Department staff visited 200 stores in the County to survey the kinds of foods, tobacco marketing and built environment components.

10 of these stores will be selected to participate in a pilot program to improve the availability of healthy food and beverage choices and provide tobacco cessation material and safer routes to the location.

#### Fresh Fruits and Vegetables





#### **Whole Grains**





#### **Dairy**





Tobacco cessation messaging will also be provided







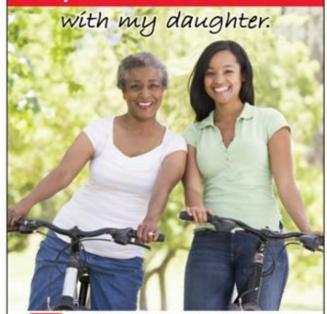
Your quit story is waiting to b expert quit coach who can he and double your chances of a

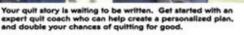
-800-QUIT-NOW ww.QuitlineNC.com



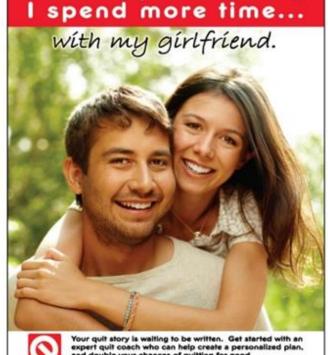




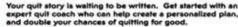






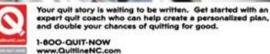


Since I quit smoking



1-800-QUIT-NOW www.QuitlineNC.com Since I quit smoking I spend more time... exercising.







# Transportation impacts food & health









### What we will accomplish









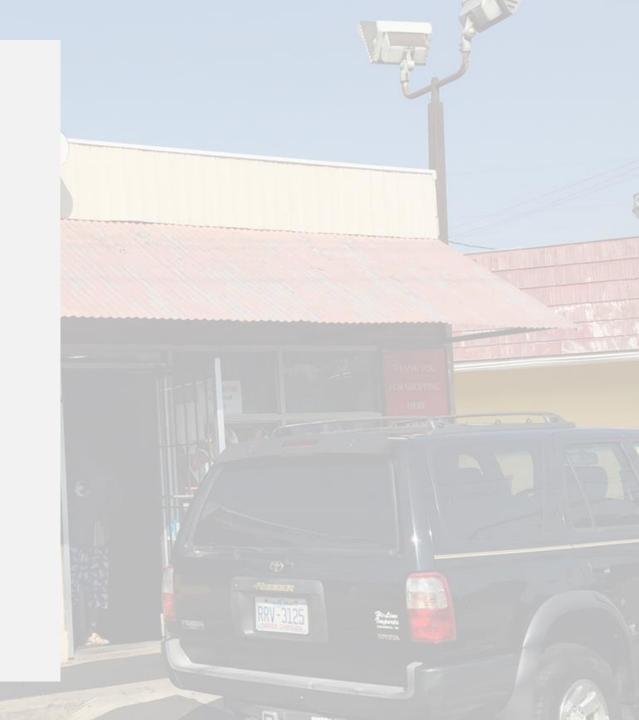
Other programs to increase access to healthy food

## Takeaways

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#### References

Romano Victor, Metzo Katherine. Charlotte-Mecklenburg Food Policy Council State of the Plate 2015.

Treuhaft Sarah (PolicyLink), Karpyn Allison (The Food Trust). The Grocery Gap: Who has access to healthy food and why it matters. The Food Trust.